

# Worried about money?



*Need some help,*

*but not sure which way to turn? We can help...*

Money is not something that many people feel comfortable speaking about, especially when things are not going well. And often our response is to hide away and hope things will sort themselves out, but this is not the best approach.

- **Don't bury your head in the sand.**
- **Don't let things pile up.**
- **Come and talk, *we are here to listen, and to help.***

**Lighthouse Money Advice** is a **free confidential** debt and money advice service run with the purpose of helping local people manage their money more effectively, to maximise their income, and to get free from debt. Give us a call.

**0161 537 2222**

[helloLMA@lighthouseproject.org.uk](mailto:helloLMA@lighthouseproject.org.uk)



**Lighthouse**  
**MONEY**  
**ADVICE**

*Helping you break free  
from personal debt*

# Here's what will happen

# when you contact us.

## 1 An informal chat.

**First:** We arrange to have an **informal chat**, to listen to you, so we can find out more about your situation and get an understanding of your circumstances.

## 2 An initial assessment.

**Second:** After the informal chat we arrange an **initial assessment** - which is a one-to-one appointment - for us to gather more of the specific details about your finances.

This then allows us to give you some options about **possible 'next steps'**, and how you might move things forward.

This could involve:

- Arranging to do an online benefits check - maximising income
- Preparing a budget to help record and manage your money
- Supporting you to develop your online financial skills
- Progressing to a full debt support service
- Signposting to other appropriate services/agencies

## 3 Interested? Start by filling in the boxes below

Name:

Contact No:

*Hand it in at reception, and we'll be in touch with you.*



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**Lighthouse Money Advice**

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